Spring refresh brings relaxation to campus

Left: Let's Be Friends! Students attended the Speed Friending event that took place in the Community Commons. This event allowed students to learn more about each other and make new friends. Photo by Ethan Mito

Left: King of Spring Refresh. A student waits for his opponent's move in a game of lawn chess. Throughout the week, there were a variety of activities for students to do in the commons, such as lawn games or movie marathons on the big screen. Students were able to hang out on campus without the stress of school and spend time with their friends during the middle of the semester. Photo by Ethan Mito

Left: Sunshine Stress-Relief! Laryssa Myers takes part in Outdoor Yoga near Frog Fountain. Many students found this a great start to Spring Refresh. Photo by Ethan Mito

Left: Walk with Me. A student kneels at the center of the labyrinth placed in the Community Commons. The labyrinth in the commons gave students time to contemplate, find a spiritual centering, and pray. This was another resource for students to relax and find peace over the refresh. Photo by Ethan Mito

Left: Let's Be Friends! Students attended the Speed Friending event that took place in the Community Commons. This event allowed students to learn more about each other and make new friends. This was a great way for campus freshmen students to meet new people and spend more time on campus. Photo by Ethan Mito