

**The Process of Family and Group Treatment with Male Adolescent Sexual Abusers and their Families**

David L. Burton, M.S.W., Ph.D.

Participants will cover recent research, best practice and empirically based methods of Family Therapy (including: cultural consideration, discussion of causality and change, Multi Systemic Therapy, home based therapies, multifamily groups, therapeutic alliance with families, engaging difficult families, use of phone and Skype or Google chat for family therapy, increasing youth autonomy in the chaos of a severely chaotic family and substance abuse/criminality of family members and how to supervise family therapists) & Group Therapy (including: the benefit of fun in groups, consideration of group composition versus outcome, understanding and use of mutual influence of the success of other members on an individual's success, use of mindfulness to reduce group drop out and behavioral challenges, conceptualization of, and practical skills with, the moving target of group goals, reducing iatrogenic effects, consideration of mental health and learning issues in delivery of group services, the use of TF CBT for the effects of continuous trauma exposure and the supervision of group therapists).