

Applying the Good Lives Model in the Treatment of Sexual Offenders

Pamela M. Yates, Ph.D., R.D. Psych

The Good Lives Model (GLM) of offender rehabilitation is a complementary approach to cognitive-behavioral treatment of sexual offenders that has been integrated with comprehensive risk-based intervention for the treatment and management of sexual offenders. The GLM is a strengths-based approach, positive psychological approach that focuses on the development of individuals' capacity to attain valued goals and achieve psychological well-being while managing risk to re-offend. The addition of this approach to current treatment can increase motivation, treatment engagement, and positive treatment outcome. This interactive workshop will provide an overview of the model and its application to treatment and supervision of sexual offenders, with a focus on the practical understanding and implementation of the model.