

Introduction to the Assessment and Treatment of Adolescents Who Have Sexually Offended

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This seminar will provide an introductory overview to the assessment and treatment of adolescents who have sexually offended. This seminar will focus on providing practical information and strategies for clinicians, probation officers, juvenile justice workers, program administrators, and other interested professionals new to the field. The seminar will include lecture, case studies, discussion, demonstration, and detailed resource materials. Major topic areas will include the following:

- Common erroneous assumptions regarding adolescents who have sexually offended
- Diversity among adolescents who have sexually offended
- Ethical and procedural prerequisites for assessments
- Tips and strategies for the clinical interview
- Brief overview of psychological and physiological (PPG, viewing time, polygraph) testing
- Brief overview of the most popular risk assessment tools (ERASOR, J-SOAP-II, and the J-SORRAT-II)
- “Do’s and don’ts” of the assessment report
- Common treatment targets (and intervention strategies) including enhancing healthy sexual arousal and sexual attitudes, increasing accountability, developing sexual offense-prevention plans, and reducing shame
- Unique treatment features involved in sibling sexual abuse and family reunification
- Brief overview of treatment outcome research
- Importance of therapist characteristics and self-care