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## Custodial Staff Appreciation, Hygiene and Social Distancing, Students Thrive Through Pet Portrait Project; Managing Your Pandemic Anxiety

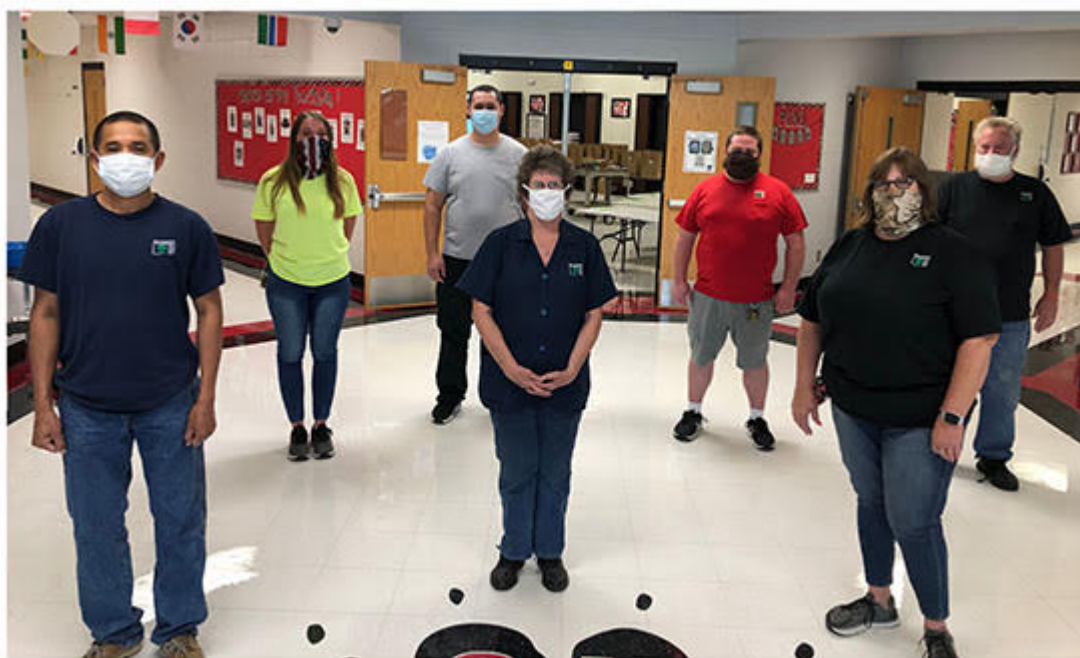
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Mon, Sep 28, 2020 at 11:31 AM

# 5 THINGS YOU NEED TO KNOW

for the week of Sept. 28, 2020



### Oct. 2: Rockwood Celebrates National Custodial Staff Appreciation Day

This year, during National Custodial Staff Appreciation Day, we want to recognize our [Rockwood custodial personnel](#) for their continued dedication and hard work in making sure our buildings are safe and well maintained for students, teachers and staff.

In preparation for students' return to the classroom, custodial crews have been implementing enhanced cleaning and disinfecting procedures. [Take a behind-the-scenes look](#) at this process.

### Rockwood Safe Together: Hygiene and Social Distancing



Proper hand washing, [hygiene and social distancing](#) are more important than ever. In Rockwood, staff members are encouraged to do the following to help reduce the spread of the coronavirus:

- Wash your hands with soap and water for at least 20 seconds after being in a public place or after blowing your nose, coughing or sneezing.
- Use hand sanitizer that contains at least 60 percent alcohol.
- Maintain social distancing of at least six feet. If this cannot be accomplished, distancing of at least three feet has been shown to reduce infections.

Let's keep Rockwood safe! Learn more by visiting [One Rockwood: Safe Together](#).



### **This Week: Human Resources Video Training Deadline**

Rockwood Human Resources does whatever it takes to ensure all employees have the training they need to thrive. All district employees are required to complete the annual [HR training videos](#) by **Wednesday, Sept. 30**. Please note, it may take employees an estimated 20-45 minutes to complete each of the five video assignments.



### **Managing Your Pandemic Anxiety**

During this time of heightened anxiety, discovering ways to cope and create stability are key to maintaining a healthy outlook. To ensure Rockwood teachers and staff have this opportunity, the district's Employee Assistance Provider, Personal Assistance Services, has provided some valuable strategies. View and download the [audio slideshow](#) by visiting the [Benefits: Stress Help](#) page on One Rockwood.



### **Pet Portrait Project Gives Rockwood Students Opportunity to be Creative During Virtual Learning**

When Eureka High art teacher Diane Bashirian noticed that her Drawing I students were enjoying sharing their family pets through virtual class meetings, she wanted to provide a fun yet challenging opportunity for them. Bashirian assigned a special art project, in which her students were directed to take a clear photo of their pet and then attempt to draw their furry companion as accurately as possible. [Read more](#).

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